

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

Menu Name: McKenzie Elementary School
Site:
Use Alternate Menu Name: No

Include Cost: No
Report Style: Detailed

Wednesday - 05/01/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990090 Dino Nuggets	1 Cup	1	489	5.82	349	2	*N/A*	30.27	*N/A*	93	32.59	0.00	23.28	*N/A*	21.0	*N/A*	2.33
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
000315 Baked Chips-Selection Varies	1 Bag	1	130	0.00	200	*N/A*	*N/A*	2.00	0.00	0	26.00	2.00	2.00	0	20.0	2.40	0.36
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			890	8.50	907	*20	*0	36.83	*0.08	118	98.09	*5.50	42.47	*3207	*621.5	*22.40	*3.75
% of Calories				8.60%		*9.0%	*0%	37.2%	*0.1%		44.1%		19.1%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Thursday - 05/02/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000840 Pizza 5" Round Deep Dish Tonys	1	1	390	2.50	690	8	*N/A*	16.00	0.00	10	48.00	2.00	13.00	*N/A*	230.0	0.00	5.60
000485 Salad	4 oz Food Tray	1	69	3.00	108	*N/A*	*N/A*	4.50	0.00	15	2.43	0.40	3.90	4301	116.0	10.35	1.02

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Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			694	7.00	1128	*26	*0	23.20	*0.00	45	85.93	*3.90	33.40	*4451	*926.0	*10.35	*6.72
% of Calories				9.08%		*15.0%	*0%	30.1%	*0.0%		49.5%		19.3%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Friday - 05/03/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000346 Rotini	6 oz	1	249	1.18	231	*0	*N/A*	3.32	0.08	5	45.50	2.90	7.92	192	18.6	4.05	2.29
000360 Butter	1/2 TSP	1	9	0.62	8	0	*N/A*	0.97	0.04	3	0.00	0.00	0.01	30	0.3	0.00	0.00
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
000359 Breadstick	Stick	1	130	0.00	250	*N/A*	*N/A*	0.50	0.00	0	27.00	1.00	4.00	0	0.0	0.00	1.80
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			659	4.48	847	*18	*0	9.35	*0.19	32	112.00	*7.40	29.12	*3430	*599.4	*24.05	*5.15
% of Calories				6.12%		*10.9%	*0%	12.8%	*0.3%		68.0%		17.7%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Monday - 05/06/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000712 French Toast Sticks	4 Sticks	1	260	2.00	170	*N/A*	*N/A*	12.00	0.00	5	34.00	3.00	6.00	0	60.0	0.00	1.44
000300 Turkey Sausage	2 Sausages	1	140	3.50	430	*N/A*	*N/A*	11.00	0.00	60	0.00	0.00	10.00	100	0.0	1.20	0.72
990075 SYRUP CUP MAPLE	1	1	110	0.00	20	22	*N/A*	0.00	0.00	0	29.00	0.00	0.00	0	0.0	0.00	0.00
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000082 Veggies	2-4 oz portion	1	20	0.00	0	*N/A*	*N/A*	0.20	0.00	0	4.00	1.50	1.00	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			765	7.00	950	*40	*0	25.90	*0.00	85	102.50	*6.00	33.50	*250	*640.0	*1.20	*2.26
% of Calories				8.24%		*20.9%	*0%	30.5%	*0.0%		53.6%		17.5%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Tuesday - 05/07/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
005023 CHICKEN SOFT TACOS	1 FAJITA	1	348	2.89	428	*9	*N/A*	14.16	*0.02	54	30.69	2.26	23.68	305	70.9	6.91	2.50
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			583	4.39	758	*27	*0	16.86	*0.02	74	66.19	*3.76	40.18	*455	*650.9	*6.91	*2.60
% of Calories				6.78%		*18.5%	*0%	26.0%	*0.0%		45.4%		27.6%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Wednesday - 05/08/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000722 Ham, Turkey and Cheese W.W.Sub	1 Sandwich	1	259	4.50	1271	*N/A*	*N/A*	9.32	0.00	43	27.67	*1.99	18.79	300	149.7	0.00	1.52
000082 Veggies	2-4 oz portion	1	20	0.00	0	*N/A*	*N/A*	0.20	0.00	0	4.00	1.50	1.00	*N/A*	*N/A*	*N/A*	*N/A*
000034 LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	1	5	0.01	2	1	*N/A*	0.06	0.00	0	1.11	0.36	0.26	230	3.4	3.51	0.09
000810 Chips-Selection Varies	Bag	1	210	1.50	125	*N/A*	*N/A*	12.00	0.00	0	23.00	2.00	3.00	0	20.0	6.00	0.72
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*

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Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
Weighted Daily Average			619	7.51	1518	*1	*0	24.28	*0.00	58	72.28	*7.34	31.55	*530	*463.0	*9.51	*2.33
% of Calories				10.92 %		*0.6%	*0%	35.3%	*0.0%		46.7%		20.4%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Thursday - 05/09/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000840 Pizza 5" Round Deep Dish Tonys	1	1	390	2.50	690	8	*N/A*	16.00	0.00	10	48.00	2.00	13.00	*N/A*	230.0	0.00	5.60
000485 Salad	4 oz Food Tray	1	69	3.00	108	*N/A*	*N/A*	4.50	0.00	15	2.43	0.40	3.90	4301	116.0	10.35	1.02
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			694	7.00	1128	*26	*0	23.20	*0.00	45	85.93	*3.90	33.40	*4451	*926.0	*10.35	*6.72
% of Calories				9.08%		*15.0%	*0%	30.1%	*0.0%		49.5%		19.3%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Friday - 05/10/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000390 Bagel - McKenzie	Bagel	1	230	0.00	390	*N/A*	*N/A*	2.00	0.00	0	44.00	2.00	8.00	0	0.0	0.00	0.00
000306 Cream Cheese Cup	1 oz cup	1	50	3.00	80	*N/A*	*N/A*	5.00	0.00	15	2.00	0.00	1.00	0	0.0	0.00	0.00
000763 Jelly Cup	1/2 oz	1	35	0.00	0	*N/A*	*N/A*	0.00	0.00	0	9.00	0.00	0.00	0	0.0	*N/A*	0.00
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
990072 String Cheese	1	1	90	5.00	180	0	*N/A*	6.00	0.00	20	1.00	0.00	7.00	*N/A*	198.0	*N/A*	0.06
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			676	10.68	1008	*18	*0	17.57	*0.08	60	95.50	*5.50	33.19	*3207	*778.6	*20.00	*1.12
% of Calories				14.22 %		*10.7%	*0%	23.4%	*0.1%		56.5%		19.6%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Monday - 05/13/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000403 Hot Dog on a Wheat Bun	1 Hot Dog	1	262	4.00	650	*N/A*	*N/A*	12.50	0.00	25	26.52	0.00	11.18	0	50.3	0.00	2.02
000315 Baked Chips-Selection Varies	1 Bag	1	130	0.00	200	*N/A*	*N/A*	2.00	0.00	0	26.00	2.00	2.00	0	20.0	2.40	0.36
000082 Veggies	2-4 oz portion	1	20	0.00	0	*N/A*	*N/A*	0.20	0.00	0	4.00	1.50	1.00	*N/A*	*N/A*	*N/A*	*N/A*
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			647	5.50	1180	*18	*0	17.40	*0.00	45	92.02	*5.00	30.68	*150	*650.3	*2.40	*2.48
% of Calories				7.65%		*11.1%	*0%	24.2%	*0.0%		56.9%		19.0%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Tuesday - 05/14/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000614 Macaroni and Cheese	1 Cup	1	370	7.00	1180	*N/A*	*N/A*	17.00	0.00	25	39.00	2.00	16.00	0	0.0	0.00	0.00
000348 Green Beans	2/3 Cup	1	47	1.18	15	*0	*N/A*	1.87	0.08	5	5.00	2.00	1.02	157	40.6	3.60	0.36
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
000228 MILK,1% Chocolate	HALF PINT	1	160	1.54	162	25	*N/A*	2.78	*N/A*	12	25.38	0.25	8.65	435	322.5	1.00	0.58
Weighted Daily Average			702	11.22	1477	*25	*0	24.34	*0.08	57	85.88	*5.75	34.17	*592	*653.1	*4.60	*0.94
% of Calories				14.38 %		*14.2%	*0%	31.2%	*0.1%		48.9%		19.5%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Wednesday - 05/15/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000462 Italian Beef Sandwich	1 Sandwich	1	250	2.50	570	*N/A*	*N/A*	7.00	*0.00	35	31.00	1.00	18.00	0	60.0	0.00	1.44
000387 Baked Fries	1 Serving	1	180	0.50	230	*N/A*	*N/A*	7.00	0.00	0	26.00	3.00	3.00	0	0.0	4.80	0.72
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
Weighted Daily Average			701	5.68	1158	*18	*0	18.57	*0.08	60	96.50	*7.50	38.19	*3207	*640.6	*24.80	*3.22
% of Calories				7.29%		*10.3%	*0%	23.8%	*0.1%		55.1%		21.8%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Thursday - 05/16/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000840 Pizza 5" Round Deep Dish Tonys	1	1	390	2.50	690	8	*N/A*	16.00	0.00	10	48.00	2.00	13.00	*N/A*	230.0	0.00	5.60
000485 Salad	4 oz Food Tray	1	69	3.00	108	*N/A*	*N/A*	4.50	0.00	15	2.43	0.40	3.90	4301	116.0	10.35	1.02
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			694	7.00	1128	*26	*0	23.20	*0.00	45	85.93	*3.90	33.40	*4451	*926.0	*10.35	*6.72
% of Calories				9.08%		*15.0%	*0%	30.1%	*0.0%		49.5%		19.3%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Friday - 05/17/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000606 Grilled Chicken on a Wheat Bun	1 Sandwich	1	254	0.47	554	*N/A*	*N/A*	3.57	50.00	50	26.00	2.00	26.52	0	50.0	0.00	1.70
000642 BBQ Sauce -	2 Tbs	1	50	0.00	440	*N/A*	*N/A*	0.00	0.00	0	11.00	0.00	0.00	0	0.0	0.00	0.00
000315 Baked Chips-Selection Varies	1 Bag	1	130	0.00	200	*N/A*	*N/A*	2.00	0.00	0	26.00	2.00	2.00	0	20.0	2.40	0.36
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			705	3.15	1552	*18	*0	10.14	*50.08	75	102.50	*7.50	45.71	*3207	*650.6	*22.40	*3.12
% of Calories				4.02%		*10.2%	*0%	12.9%	*63.9%		58.2%		25.9%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Monday - 05/20/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000838 BLT Sandwich on Wheat Bread	Sandwich	1	224	2.01	522	*1	*N/A*	9.05	0.00	15	27.93	2.30	9.22	192	42.9	2.88	3.31
000315 Baked Chips-Selection Varies	1 Bag	1	130	0.00	200	*N/A*	*N/A*	2.00	0.00	0	26.00	2.00	2.00	0	20.0	2.40	0.36
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			626	4.69	1080	*19	*0	15.61	*0.08	40	93.43	*7.80	28.41	*3399	*643.5	*25.28	*4.73
% of Calories				6.74%		*12.1%	*0%	22.4%	*0.1%		59.7%		18.2%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Tuesday - 05/21/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000640 Pork Eggroll	1 Roll	1	180	2.00	460	*N/A*	*N/A*	9.00	0.00	15	18.00	2.00	7.00	500	20.0	9.00	1.80
000372 Vegetable Eggroll	Roll	1	140	0.00	480	*N/A*	*N/A*	4.50	0.00	5	22.00	2.00	4.00	125	20.0	12.00	1.08
000340 Brown Rice	3/4 cup	1	136	0.62	8	*0	*N/A*	2.10	0.04	3	26.25	1.50	3.01	30	0.3	0.00	0.54
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			728	5.30	1306	*18	*0	20.16	*0.11	48	105.75	*9.00	31.20	*3862	*620.8	*41.00	*4.48
% of Calories				6.55%		*9.9%	*0%	24.9%	*0.1%		58.1%		17.1%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Wednesday - 05/22/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000149 CHEESEBURGER ON A BUN	EACH	1	394	10.64	726	4	*N/A*	23.16	*0.34	78	22.41	0.76	22.77	366	363.2	0.55	3.04
000315 Baked Chips-Selection Varies	1 Bag	1	130	0.00	200	*N/A*	*N/A*	2.00	0.00	0	26.00	2.00	2.00	0	20.0	2.40	0.36
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			796	13.32	1285	*22	*0	29.73	*0.41	103	87.91	*6.26	41.96	*3573	*963.7	*22.95	*4.46
% of Calories				15.06 %		*11.1%	*0%	33.6%	*0.5%		44.2%		21.1%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Thursday - 05/23/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000840 Pizza 5" Round Deep Dish Tonys	1	1	390	2.50	690	8	*N/A*	16.00	0.00	10	48.00	2.00	13.00	*N/A*	230.0	0.00	5.60
000485 Salad	4 oz Food Tray	1	69	3.00	108	*N/A*	*N/A*	4.50	0.00	15	2.43	0.40	3.90	4301	116.0	10.35	1.02
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			694	7.00	1128	*26	*0	23.20	*0.00	45	85.93	*3.90	33.40	*4451	*926.0	*10.35	*6.72
% of Calories				9.08%		*15.0%	*0%	30.1%	*0.0%		49.5%		19.3%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Friday - 05/24/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000390 Bagel - McKenzie	Bagel	1	230	0.00	390	*N/A*	*N/A*	2.00	0.00	0	44.00	2.00	8.00	0	0.0	0.00	0.00
000306 Cream Cheese Cup	1 oz cup	1	50	3.00	80	*N/A*	*N/A*	5.00	0.00	15	2.00	0.00	1.00	0	0.0	0.00	0.00
000763 Jelly Cup	1/2 oz	1	35	0.00	0	*N/A*	*N/A*	0.00	0.00	0	9.00	0.00	0.00	0	0.0	*N/A*	0.00
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
990072 String Cheese	1	1	90	5.00	180	0	*N/A*	6.00	0.00	20	1.00	0.00	7.00	*N/A*	198.0	*N/A*	0.06

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			676	10.68	1008	*18	*0	17.57	*0.08	60	95.50	*5.50	33.19	*3207	*778.6	*20.00	*1.12
% of Calories				14.22 %		*10.7%	*0%	23.4%	*0.1%		56.5%		19.6%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Tuesday - 05/28/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000783 BBQ Pulled Pork Sandwich	1 Sandwich	1	334	3.97	934	*N/A*	*N/A*	11.57	0.00	50	40.00	2.00	18.52	10	50.0	2.40	2.06
000802 Tater Tot's	3 oz -10 pieces	1	170	1.50	230	*N/A*	*N/A*	9.00	0.00	0	19.00	0.00	2.00	0	0.0	0.00	2.00
000348 Green Beans	2/3 Cup	1	47	1.18	15	*0	*N/A*	1.87	0.08	5	5.00	2.00	1.02	157	40.6	3.60	0.36
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			786	8.15	1509	*18	*0	25.14	*0.08	75	99.50	*5.50	38.04	*317	*670.6	*6.00	*4.52
% of Calories				9.33%		*9.2%	*0%	28.8%	*0.1%		50.6%		19.4%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Wednesday - 05/29/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000066 Chicken Pasta Caesar Salad	8 oz	1	570	8.14	1345	*1	*N/A*	40.11	*0.00	797	26.57	1.44	23.37	1268	147.1	13.02	3.89
000314 Whole Wheat Roll	1 Roll	1	80	0.00	160	*N/A*	*N/A*	1.00	0.00	0	14.00	2.00	5.00	0	40.0	0.00	0.72
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			885	9.64	1835	*19	*0	43.81	*0.00	817	76.07	*4.94	44.87	*1418	*767.1	*13.02	*4.71
% of Calories				9.80%		*8.6%	*0%	44.6%	*0.0%		34.4%		20.3%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Thursday - 05/30/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000840 Pizza 5" Round Deep Dish Tonys	1	1	390	2.50	690	8	*N/A*	16.00	0.00	10	48.00	2.00	13.00	*N/A*	230.0	0.00	5.60
000485 Salad	4 oz Food Tray	1	69	3.00	108	*N/A*	*N/A*	4.50	0.00	15	2.43	0.40	3.90	4301	116.0	10.35	1.02
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			694	7.00	1128	*26	*0	23.20	*0.00	45	85.93	*3.90	33.40	*4451	*926.0	*10.35	*6.72
% of Calories				9.08%		*15.0%	*0%	30.1%	*0.0%		49.5%		19.3%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

Friday - 05/31/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000710 Tuna Salad Sandwich	1 Serving	1	364	1.19	589	*1	*N/A*	14.99	*0.00	58	27.47	2.38	30.30	1415	88.0	3.16	5.16
000315 Baked Chips-Selection Varies	1 Bag	1	130	0.00	200	*N/A*	*N/A*	2.00	0.00	0	26.00	2.00	2.00	0	20.0	2.40	0.36
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			765	3.88	1147	*19	*0	21.56	*0.08	83	92.97	*7.88	49.48	*4622	*688.5	*25.56	*6.58
% of Calories				4.56%		*9.9%	*0%	25.4%	*0.1%		48.6%		25.9%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	713	7	1189	*21	*0	22.31	*2.34	96	91.10	*5.80	36.04	*2768	*732.3	*15.63	*4.14

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru May 31, 2024

% of Calories			9.11%		*11.8%	*0%	28.2%	*3.0%		51.1%		20.2%			
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**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.